|  |
| --- |
| September |
| 2021 |
| Did you know that 1 in 13 children have a food allergy?? |

|  |  |
| --- | --- |
|  **Help us keep your child safe!**Notify the CNP Director of any food allergies or intolerances by emailing a doctor’s note to bnash@csalabama.org. Per the USDA and State Dept, **an updated doctor’s note is required each year** for us to provide meal substitutes.   We are happy to provide a healthy substitute! | [This Photo](http://www.drlopezheras.com/2015/08/alergias-intolerancias-alimentos.html) by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-nc-sa/3.0/) |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | 1 | 2 | 3 |
|  |  | Beef & Bean Burrito, Refried Beans & Peaches | Chicken WingsCabbage & Dinner Roll (ELEM: Chicken nuggets) | Uncrustables, Veggie Dippers, WatermelonBrownie, Juice |
|  6 |  7 |  8  |  9 |  10 |
| **Labor DayNo School** | HamburgersSweet Potato Fries & Juice  | Ham & Cheese CroissantApplesauceBaby Carrots & Ranch and Chocolate Chip Cookie | Spaghetti with MeatballsGreen Beans and peaches  | Hotdogs, French Fries& Baked Beans |
|  13 |  14 |  15 |  16 |  17 |
| Chicken Tenders, Green Beans, Baby Carrots, Peaches & Dinner Roll | Salisbury Steak, Gravy, Mashed Potatoes Cinnamon Apples & Dinner Roll  | Poppyseed Chicken Casserole, Broccoli, Peas & Carrots and Grapes | Beef & Bean Burrito, Mexican Corn and Mandarin Oranges  | Pepperoni Pizza, Sweet Potato Fries and watermelon |
|  20 |  21 |  22 |  23 |  24 |
| Corn dogs, French Fries& Baked Beans | Chicken Soft TacoPinto Beans, Corn &Juice | Spaghetti, Green BeansChocolate Chip Cookie | Ham & Cheese CroissantBaked Chips Baby Carrots & Ranch | Pepperoni PizzaCorn, Salad & Juice |
|  27 |  28 |  29 |  30 |  |
| Chicken & Cheese Quesadilla, Refried beans  | BBQ Sandwich, Cole Slaw, Baked Beans | Chicken salad sandwich, Chips, Grapes, Baby Carrots with ranch | Chicken AlfredoBroccoli  | Pepperoni Pizza Lunchables, Green Beans  |

\*\*Fruit & choice of milk will be offered at every meal\*\*