|  |
| --- |
| September |
| 2021 |
| Did you know that 1 in 13 children have a food allergy?? |

|  |  |
| --- | --- |
| **Help us keep your child safe!** Notify the CNP Director of any food allergies or intolerances by emailing a doctor’s note to [bnash@csalabama.org](mailto:bnash@csalabama.org).   Per the USDA and State Dept, **an updated doctor’s note is required each year** for us to provide meal substitutes.     We are happy to provide a healthy substitute! | [This Photo](http://www.drlopezheras.com/2015/08/alergias-intolerancias-alimentos.html) by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-nc-sa/3.0/) |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | 1 | 2 | 3 |
|  |  | Beef & Bean Burrito,  Refried Beans & Peaches | Chicken Wings  Cabbage & Dinner Roll  (ELEM: Chicken nuggets) | Uncrustables, Veggie Dippers, Watermelon  Brownie, Juice |
| 6 | 7 | 8 | 9 | 10 |
| **Labor Day No School** | Hamburgers Sweet Potato Fries & Juice | Ham & Cheese Croissant  Applesauce  Baby Carrots & Ranch and Chocolate Chip Cookie | Spaghetti with Meatballs  Green Beans and peaches | Hotdogs, French Fries  & Baked Beans |
| 13 | 14 | 15 | 16 | 17 |
| Chicken Tenders, Green Beans, Baby Carrots, Peaches & Dinner Roll | Salisbury Steak, Gravy, Mashed Potatoes Cinnamon Apples & Dinner Roll | Poppyseed Chicken Casserole, Broccoli, Peas & Carrots and Grapes | Beef & Bean Burrito, Mexican Corn and Mandarin Oranges | Pepperoni Pizza, Sweet Potato Fries and watermelon |
| 20 | 21 | 22 | 23 | 24 |
| Corn dogs, French Fries  & Baked Beans | Chicken Soft Taco  Pinto Beans, Corn &  Juice | Spaghetti, Green Beans  Chocolate Chip Cookie | Ham & Cheese Croissant  Baked Chips  Baby Carrots & Ranch | Pepperoni Pizza  Corn, Salad & Juice |
| 27 | 28 | 29 | 30 |  |
| Chicken & Cheese Quesadilla, Refried beans | BBQ Sandwich, Cole Slaw,  Baked Beans | Chicken salad sandwich, Chips, Grapes, Baby Carrots with ranch | Chicken Alfredo Broccoli | Pepperoni Pizza Lunchables, Green Beans |

\*\*Fruit & choice of milk will be offered at every meal\*\*